

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM Society of St. Vincent de Paul-St. Anne Conf.
Sun: 8:30 AM Richard Michaelis
10:30 AM Parishioners of St. Anne
12:30 PM Miembros vivos y difuntos de Sta. Ana
Mon: 9:00 AM Jim Bailey
Tue: 9:00 AM Youth of St. Anne
Wed: 9:00 AM Families of St. Anne
Thurs: 9:00 AM Elders of St. Anne
Sat: 5:00 PM Parishioners of St. Anne
Sun: 8:30 AM Audrey Gloden 80th Birthday Intention
10:30 AM Parishioners of St. Anne
12:30 PM Regina Quintero & Raymond Martinez

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANNE 07/26/08 – 08/03/08**

Sat: Vigil St. Joachim & St. Anne, Parents of Blessed Virgin Mary
Sun: St. Joachim & St. Anne, Parents of Blessed Virgin Mary
Mon: 9:00 AM Hospital Communion/Sutter Delta Hospital
6:30 PM Spanish Prayer Group/Capilla
Wed: 7:00 PM RCIA Meeting Room 2
Thurs: 6:00 PM Boy's Ranch
Sat: Vigil 18th Sunday in Ordinary Time
2nd Collection – Diocesan Commitment
Sun: 18th Sunday in Ordinary Time
2nd Collection – Diocesan Commitment

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 07/27/08 – 08/03/08**

Mon: Weekday
Jer 13:1-11 Dt 32:18-21 Mt 13:31-35
Tue: Weekday; Martha
Jer 14:17-22 Ps 79:8-13 Jn 11:19-27
Wed: Weekday; Peter Chrysologus, bishop, doctor
Jer 15:1-21 Ps 59: 2-18 Mt 13:44-46
Thur: Ignatius of Loyola, priest
Jer 18:1-6 Ps 146:1b-6b Mt 13:47-53
Fri: Alphonsus Liguori, bishop, doctor of the Church
Jer 26:1-9 Ps 69:5-14 Mt 13:54-58
Sat: Weekday; Eusebius of Vercelli, bishop, Peter Julian Eymard, priest
Jer 26:11-24 Ps 69:15-34 Mt 14:1-12
Sun: 18th Sunday in Ordinary Time
Is 55:1-3 Ps 145:8-18 Rom 8:35-39 Mt 14:13-21

**NEXT SUNDAY SECOND COLLECTION FOR OUR
DIOCESAN COMMITMENTS**

There are a number of commitments for which we are responsible to the diocese from the Bishop's Annual Appeal to our diocesan assessment (our financial responsibility to the diocese). This second collection helps us to meet those financial commitments for the support the diocese provides us in the operation of our parish. Please give generously!

**LAST SUNDAY'S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

Weekly Budget: \$10,800.00
Weekly Offering: \$ 6,703.74
Shortfall: \$ 4,096.26

61 less than "Fair Share"
0 "Fair Share"
35 greater than "Fair Share"

Sunday Mass Count Total: 426

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of **\$48.00**. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

Your generosity is your return to the Lord for his goodness to you. Make an investment in the reign of God today!

STEWARDSHIP THOUGHT

We know that all things work for good for those who love God, who are called according to his purposes."

Romans 8:28

Do you really trust God? Do you believe that all things work for good? Faith is a challenge for everyone at times. However, when we wholeheartedly place our trust in God we will never be disappointed.

**PLEASE PRAY FOR/POR FAVOR
REZAN POR:**

Jan Rix, Salvadore D'onofio, Bev Rossi, Allan Jones, Steve Cross, Linda Kling, Marialuisa Guillen, Fui Tualalelei, Mario Promani, Elsje, Kathryn Copley, Patti, Teresita Garcia, Emily Oxford, Richard Rodriguez, Aurora Gonzalez, Michael Kendall, Shelby Pastorini, Nellie Harbeck, Carol Phillips, Stephanie Caberaro, Allison Probolus, Bill Zirzow, Frank Gross, Cong Mai, Stephen Blai, Lisa Facchine, Louise Lamb, Jeanette Schmid, Nancy, Cecelia Desmond, Cathie Clarke, Gilbert Machado, Basil Dick, Kathy William, Jackson Barber, Helmut Koehler, Mike Fernane, Leonard Smith, Betty Ward, Jo Riley, Ashley Marra, Maria Springer, Juta Michaelis, Baby Claudia Reynoso, Guillermo Arteaga, Bob Cranford, Carol Ellis, Mark Ryan Caguioa, Tom Hartman, Al Castinado, Dixie, Steve Moniz, Alice Ott, David Coble, Shirley Golnik, Dave, Bill Bristol, June Ramos, Hope Chavez, **Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.**

FAITH FORMATION

FAMILY FAITH FORMATION: Family Faith Formation is on Summer Break. Classes resume Monday, August 11th. WE ARE CURRENTLY REGISTERING FAMILIES FOR THE 2008/2009 YEAR. PLEASE STOP BY THE TABLE AFTER MASS OR CONTACT THE OFFICE.

PRESCHOOL PROGRAM AT THE 10:30 AM MASS

Please join Miss Anna in Room 1A for games, arts & crafts and fun!

ADULT CONFIRMATION & FAITH FORMATION:

Adult Faith Formation Class is on Summer Break. Please join us in August when our Faith Formation Classes begin again. For more information on Adult Confirmation or our Adult Faith Formation classes please call Lisa at 634-6625.

TEEN MINISTRY:

Teen Ministry is on Summer Break. Classes resume Wednesday, August 13th. WE ARE CURRENTLY REGISTERING TEENS FOR THE 2008/2009 YEAR. PLEASE STOP BY THE TABLE AFTER MASS OR CONTACT THE OFFICE.

PLEASE KEEP OUR MILITARY FAMILY AND
FRIENDS IN YOUR PRAYERS

Ride to Mass

A parishioner is in need of a ride to either Saturday or Sunday mass. If you would like to help, please contact Bernadette Van Slambrook at 240-0509 for more information.

THE FAMILY CIRCUS



"If you listen real carefully when the breeze blows, you can hear God whispering."

from *The Joyful Noiseletter*
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Bishop's Appeal 2008

Thank you to all parishioners who supported this year's Bishop's Appeal. Together we have collected \$8,271.88 in cash and pledges toward our parish goal of \$15,134.00.

Children's Stewardship News

Please remember to turn in your weekly envelopes.
We want to know how you are using your time & talents.

Thank you for being good stewards of God's Gifts

Upcoming Events at St. Anne

Monday, August 11th

2008/2009 Family Faith Formation begins.

Saturday, August 23rd

Women's Fellowship "Wine in the Bay" – For more information, see the flyer in the bulletin

Friday, September 12th

Knights of Columbus "Annual Golf Tournament". For more information, see the flyer in the bulletin

Saturday, September 13th

Ministry Head Meeting – 1:00 – 3:00 PM in Room 2

Saturday, September 20th

"Magic Mike" night – 6:30 PM – 9:00 PM in CLC Hall.

Watch the bulletin for more information

Weekend of October 25th -26th – St. Vincent de Paul "Bundle Sunday". Watch the bulletin for more information.

Sunday, November 9th

Flu Shots Clinic – 9:30 – 11:30 AM in the CLC

If your Ministry has an event coming up that is not listed, please contact the office.

Saturday September 27th from 8:30AM – 12:30PM

Nurses Notes

HEART DISEASE PREVENTION

Heart disease is a leading cause of death for Americans. Some risk factors, such as family history and age, can't be changed. However, here are nine ways you can lower your risk for heart disease.

- **Have a Cardiac Disease Risk Assessment:** Consult your doctor about your personal risk for heart disease and stroke. Follow his or her advice for health tests, lifestyle changes, and therapies
- **Don't Smoke:** Smoking more than doubles your risk for heart disease. Secondhand smoke is harmful, too.
- **Maintain a Healthy Weight:** Excess weight strains the heart. Control your weight with proper diet and exercise.
- **Control Cholesterol:** Limit foods high in cholesterol. Saturated fats and trans fats in your diet also raise cholesterol. Have your cholesterol checked on schedule and take medication if needed.
- **Control Blood Pressure:** High blood pressure raises your heart disease risk. Help control your blood pressure by exercising regularly, eating right, not smoking, limiting sodium and alcohol, and taking medication if needed.
- **Manage Diabetes:** People with diabetes are at increased risk for heart disease. If you have diabetes, follow your doctor's recommendations for keeping this disease under control.
- **Eat Right:** Choose a balanced diet, with an emphasis on fruits, vegetables, and whole grains.
- **Get Active:** Regular aerobic exercise, such as brisk walking, swimming, and biking, strengthens your heart. Moderate-intensity activities, including leisure walking, housework, and gardening, are also beneficial. Try for at least 30 minutes of physical activity most (preferably all) days of the week.
- **Manage Stress:** Stress increases your blood pressure and heart rate. Take time to relax. Exercise helps reduce stress, too.

PLEASE- Remember to use the office phone at St Anne, not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time is wasted explaining where we are.

The Mother of Expectation

The mother of expectation is patience.... Patience comes from the word "patior" which means to suffer.

Joy and sadness are as close to each other as the splendid colored leaves of a New England fall to the soberness of the barren trees. When you touch the hand of a returning friend, you already know that he will have to leave you again. When you are moved by the quiet vastness of a sun-covered ocean, you miss the friend who cannot see the same. Joy and sadness are born at the same time; both arising from such deep places in your heart that you can't find words to capture your complex emotions.

But this intimate experience in which every bit of life is touched by a bit of death can pint us beyond the limits of our existence. It can do so by making us look forward in expectation to the day when our hearts will be filled with perfect joy, a joy that no one shall take away from us.

-Mornings with Henri J. M. Nouwen

LITURGICAL MINISTERS

08/02 – 08/03

SATURDAY 5:00 PM

Greeters: Evo & Darlene Coelho
Lector 1: Marie Hall
Lector 2: Virginia Meagher
Euch. Min: **Cup** – Cal & Colleen Buckles
Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Barbara Stoiber, Tim & Connie McCabe
Lector 1: Peggy Ann Valley
Lector 2: Jean Ann Bauer
Euch. Min: **Bread** – Mathilda Rizkalla, Linda Thomas & Pete DuBois
Cup – Jack Thomas, Glenda DuBois, Pat & Bob Weber
Altar Servers: Team 9
Hospitality: Linda Humbert & Carla Silva

SUNDAY 10:30 AM

Greeters: The Wright-Broughton Family
Lector 1: Adam Strauss
Lector 2: Jose Cruz-Zamora
Euch. Min: **Bread** – Phil Karls, Linda Knapp, Rosana Navarro
Cup – Ernesto Navarro, Ken Landoline, Cathy & Bob Sanocki
Altar Servers: Team 10
Children's Liturgy of the Word: Karen Fernane
Hospitality: Suzanne Gillick & Candice Reed

SUNDAY 12:30 PM

Recividores: Andres & Anna Yerene
Lector 1: Xsidro Flores
Lector 2: Guadalupe Flores
Ofrendas: Gilberto & Blanca Yerene
Ministros de Eucaristía: Veronica & Jose Caballero
Monaguillo: Team A
Hospitalidad:
PLEASE NOTE: Schedules can be found on the website under Ministries at www.stannechurchbyron.com.

St. Francis of Assisi, 866 Oak Grove Rd, Concord, CA 94518
The conference will assist clergy and lay leaders in preparing the faithful of the Diocese of Oakland to vote with a well informed Catholic conscience in the November 4, 2008 national election.

The conference begins with Mass at 8:30am celebrated by Most Reverend Allen Vigneron. Mass is followed by a continental breakfast and Presentations to include Joan Rosenhauer of USCCB on the *Faithful Citizenship* document, Rev. George E. Schultze, SJ – Professor of Moral Theology and Director of Field Education at St. Patrick's Seminary and University and Q & A with a panel of experts. For more information or to pre-register, contact Colleen Knutsen at cknutsen@oakdiocese.org or John Watkins at jwatkins@oakdiocese.org

**St. Joachim & St. Anne, Parents of Blessed Virgin Mary
San Joaquín y Santa Ana, los padres de Virgen María**

**July 27, 2008
27 julio 2008**

**No More Secrets - Monthly Support Group for
Survivors of Clergy Sexual Abuse**

The Diocese of Oakland sponsors a support group for survivors of clergy sexual abuse and their families on the first Saturday of each month (with the exception of July) from 11:00 am – 1:00 pm, at Holy Names University, Brennan Hall, Room 75, located at 3500 Mountain Boulevard in Oakland. The group is facilitated by a licensed psychotherapist and survivors and their families are welcome and encouraged to join us. For more information, please contact the group facilitator, Claire Jeanette, at 510-843-6971.

Family Faith Formation –Teen Ministry

Registration for the 2008-2009 year is continuing after the masses. For those registering their child(ren) for First Communion or Confirmation, please bring a copy of your child's baptismal certificate.

Welcome! We extend our hearts and hands in Christian fellowship, as you join with us in worship. If you are new to the parish, registration packets are available on the brochure table in the foyer. Please fill out and return by mail, or simply drop in the collection plate at mass. You can also register on our website at: www.stannechurchbyron.com

Non-Perishable Food is Needed

Our St. Anne St. Vincent de Paul Society will begin collecting non-perishable food for the SVDP-Catholic Charities in Brentwood. Their barrels will be located in the Life Center Foyer. Food can be dropped off Monday – Friday from 9:00 to 5:00 and before and after masses on Sunday. Thank you for your generosity.