

**MASS INTENTIONS FOR THE WEEK/
INTENCIONES SEMANALES**

Sat: 5:00 PM Elders of St. Anne
Sun: 8:30 AM Youth of St. Anne
10:30 AM Parishioners of St. Anne
12:30 PM Miembros vivos y difuntos de Sta. Ana
Mon: 9:00 AM Families of St. Anne
Tue: 9:00 AM Rev. Albano G. Oliveira
Wed: 9:00 AM Alfons Schmit
Thurs: 9:00 AM Elders of St. Anne
Fri: 9:00 AM Living and Deceased Members of St. Anne
Sat: 5:00 PM Youth of St. Anne
Sun: 8:30 AM Parishioners of St. Anne
10:30 AM Families of St. Anne
12:30 PM Miembros vivos y difuntos de Sta. Ana

**THIS WEEK AT ST ANNE/
ESTA SEMANA A ST. ANA 12/26/09– 01/03/10**

Sat: Vigil – Holy Family of Jesus, Mary & Joseph
Sun: Holy Family of Jesus, Mary & Joseph
Mon: OFFICE CLOSED
9:00 AM Hospital Communion/Sutter Delta Hospital
9:45 AM Rosary & Prayers for Peace/Garden
6:30 PM Spanish Prayer Group/Chapel
Tues: OFFICE CLOSED
Wed: OFFICE CLOSED
Thurs: OFFICE CLOSED
Fri: OFFICE CLOSED – Happy New Year!!
9:00 Morning Mass – Blessed Virgin Mary, Mother of God
Sat: Vigil – The Epiphany of the Lord
10:00 AM Monthly Labyrinth Walk/Hall
Second Collection – Diocesan Commitment
Sun: The Epiphany of the Lord
9:30 AM 1st Communion Prep/ Room 1&2
Second Collection – Diocesan Commitment
Hospitality Sunday

STEWARDSHIP THOUGHT

The first reading today provides a challenging guideline for the good stewardship of our family relationships. How do I measure up?

**Church Office will be closed
December 28th – January 1st**

**PRAY FOR THE REPOSED SOUL OF THE
FAITHFUL DEPARTED:** Manuel Jardin

**LAST SUNDAY'S OFFERING/
OFRENDAS DE LA SEMANA PASADA**

"Weekly church collection results will no longer be posted in the bulletin. Instead, summary results for the previous month will be reported to the parish the first Sunday of each month."

St. Anne is a "Fair Share Parish." As a Fair Share Parish we ask those who are able to give a weekly fair share offering of \$48.00. We also ask those who are able to prayerfully consider giving extra share for those who are unable to give. For your convenience, Electronic Funds Transfer (EFT) forms are available. This is an easy way to give your fair share each week. Forms are available in the foyer and office.

*Your generosity is your return to the Lord for his goodness to you.
Make an investment in the reign of God today!*

**SCRIPTURE READINGS/
LECTURAS DE LA SEMANA 12/28/09 – 01/03/10**

Mon: THE HOLY INNOCENTS, MARTYRS
1 Jn 1:5-2:2 Ps 124:2-8 Mt 2:13-18
Tue: THE 5TH DAY IN THE OCTAVE OF CHRISTMAS
1 Jn 2:3-11 Ps 96:1-6 Lk 2:22-35
Wed: THE 6TH DAY IN THE OCTAVE OF CHRISTMAS
Mal 3:1-24 Ps 25:4-14 Lk 1:57-66
Thurs THE 7TH DAY IN THE OCTAVE OF CHRISTMAS
1 Jn 2:18-21 Ps 96:1-13 Jn 1:18
Fri: THE BLESSED VIRGIN MARY MOTHER, MOTHER OF GOD
Nm 6:22-27 Ps 67:2-8 Gal 4:4-7 Lk 2:16-21
Sat: Basil the Great & Gregory Nazianzen, bishops, doctors of the Church
1 Jn 2:22-28 Ps 98:1-4 Jn 1:19-28
Sun: THE EPIPHANY OF THE LORD
Is 60:1-6 Ps 72:1-13 Eph 3:2-6 Mt 2:1-12

**PLEASE PRAY FOR/POR FAVOR
REZAN POR:**

Nolan Merkel, Dolores Onofra, Michelle Gaspi, Elsje & Kathryn Copley, Bill Sears, Claudia Mac Donald, Tanya, Art & Helen, Jeanette Michaelis, Rudy Silva, Jonathan Price, Donna Stone, Teresa, Eugene Machado, Christie Gouveia, Lidia Samoian, Jeanne Keyes, June Ramos, Dorothy Diaz, Patrick Buckles, Linda, Norma Macias, Pete DuBois, Donna Koehler, Luisa Fong, Stan Nelson, Dominic Fruciano, Jeanette Schmid, Rick Peacock, Douglas Carr, Corinne, Maureen, Gary Blackwell, Joan Wisniewski, Craig Standridge, Cynthia Morga, Narcisa Estrelles, Quincy Hernandez, Steve, Barbara Stoiber, Amada Delgado, Susan Cooper, Markie Chadwich, Mamie Lusk, Manny Jardin, Katrina, Tamara Kuehl, Sandra Lizette Arteaga, Randy Fair, Mary Kirch, Bertha Cruz, Kathryn Thomas, Dana Wilson, Carmen Galbraith, Nicholas Gordon

Occasionally names are taken off the prayer list. If we have taken off the name of a person still in need of prayer, please call the office and we will gladly put them back on the list.

**PLEASE KEEP OUR MILITARY FAMILY AND
FRIENDS IN YOUR PRAYER**

Catholic Action Principles

Write a Personal Mission Statement

Create for yourself an evolving document that outlines your purpose in life. Who are you? What are your values? What do you intend to do with your time to make your one life meaningful? Because God has blessed you with the gift of free will, you can determine your own future. You don't have to listen to those who say you are too old, too young, too poor, too unattractive, too uneducated or the wrong color, gender or nationality. They are not speaking of someone following the Action Principles® guided by the Catholic Faith.

When you read inspirational passages in the Bible, books, magazines or newspapers, copy them. When you hear inspirational passages in homilies, write them down. Put everything together in a folder or box. This will serve as your motivational reserve and will help you create a personal mission statement.

Your mission statement only has to be a few sentences or paragraphs. Refer to your mission statement periodically and don't be afraid to change it as you grow. A mission statement will help you to establish a foundation up on which you can build your dreams and goals and from which will flow your objectives and daily to-do list.

-Bill FitzPatrick

Lent. Important information about the LA Religious Education Congress will also be shared.

Adult Faith Formation Class will be on Christmas break beginning Monday, December 21st resuming Monday, January 4th at 6:30PM

TEEN MINISTRY:

Teen Ministry mission is to help Teens become closer to Christ through the Eucharist.

We hope everyone is enjoying the Christmas Season

This week: We had a fund raiser at Timber Point CYO where 3 teens showed up. We raised \$94. All future CYO fund raisers are canceled due to lack of overall interest.

Next week: We will be on Christmas break resuming class Wednesday, January 13th.

Youth Day: Registration forms need to be turned in by December 29! We have 20 TEENS interested in attending this year!!!!

Thank you for everyone's support in purchasing Holiday items, the car wash, and fall festival.

Special THANKS: Mat and Amy Wisz for help on the parade of lights float. We won Best Church for the 2nd year in a row. Rebecca Day for providing the music for the night, Dennis Lopez and his neighbor Steve for providing the trailer and all the Teens/Jr. High kids for making the night a success!

Volunteers needed: if you would like to volunteer for Teen Ministry, please Contact Michelle Castinado at 925-240-1832 or 925-437-0015. Contact Michelle Castinado at 925-240-1832 or 925-437-0015.



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Worldwide Marriage Encounter

Married Couples: "I wish we could just sit down and talk!" Have you ever said that to your spouse? Do you wish you could take your "talk" to a deeper level of listening and understanding? A Worldwide Marriage Encounter Weekend will help you to do just that. Join us for our next weekend being held in Pleasanton **February 19 - 21**. For more information call Mike & Jeanne @ 925.672.2016 or Joe & Sue @ 925.680.7767 now or go to <http://www.rekindleyourmarriage.org>.

St. Anne's gets credits through script for Ace Hardware and Safeway. Sign up.

Nurses Notes

HEALTH BENEFITS OF HONEY

Honey is a treat, and is man's oldest sweetener. It is an excellent substitute for sugar in our drinks and food. It is also good for many medicinal uses and treating certain conditions. Reliance on commercialized medicines which contain too many chemicals can become hazardous to our health. Use honey instead of sugar in cooking to get all the benefits of its healing properties.

"Honey is cheap, making it potentially useful for treating wounds in earthquake-stricken and war-torn areas where running water is scarce and often contaminated. It is being used in Iraq to treat burn wounds in children."

Honey is composed of sugars like glucose and fructose and minerals like magnesium, potassium, calcium, sodium chloride, sulphur, iron and phosphate.

[It contains vitamins B1, B2, C, B6, B5 and B3 all of which change according to the qualities of the nectar and pollen. Besides the above, copper, iodine, and zinc exist in it in small quantities. Several kinds of hormones are also present in it. Approximately one half of the human diet is derived directly or indirectly from crops pollinated by bees. Today honeybees are an essential part of a healthy agriculture economy.

If you have allergies, honey can be beneficial. If you eat honey that is local to your area, it may help prevent your seasonal allergies. Bees use the pollen from local plants and eventually it ends up in your honey.

Honey may also be good for your skin. It has the ability to attract water. It is also safe for sensitive skin. You can use it as a moisturizing mask for your skin as well as your hair. To use it as a conditioner, mix the honey with olive oil. Be sure to wash your hair thoroughly before you go outside.

If you have a sore throat, take some honey. [Honey has powerful antimicrobial properties, which can soothe your raw tissues. Pour a teaspoon of honey into a large serving spoon and then top off the spoon with lemon juice. Swallow the concoction (without water) every few hours until symptoms clear up. Some people add a pinch of black or red pepper to increase blood circulation to the throat.] Due to its natural anti-inflammatory effect, it will help to heal the wounds more quickly. It also has different phytochemicals--chemicals found in plants and different foods--that kill viruses, bacteria, and fungus making it a good substitute for wound dressings. The taste may also take your mind off the pain. There is evidence that honey diluted in water will help with your stomach aches and dehydration.

PLEASE- Remember to use the phone in the office or at the AV area in the hall and not a cell phone to call 911. Your cell phone will reach Sacramento CHP and precious time will be wasted.

Your Faith Community Nurses

Rosary for Peace

Please join our Prayer Ministry in saying the Rosary and prays for peace. They meet Monday Mornings after the morning mass in the garden weather permitting. For more information, please contact Fran Hodge at 925-513-8606.

LITURGICAL MINISTERS

01/02 & 01/03

SATURDAY 5:00 PM

Greeters: Joji Ponco & Mike Burke

Lector 1: Tony Hicks

Lector 2: Bob Van Slambrook

Euch. Min: Cup – Tami Melo & Mary Ann Burke

Altar Servers: Team 8

SUNDAY 8:30 AM

Greeters: Barbara Stoiber, Ron Samoian & Ron Puccinelli

Lector 1: Jean Ann Bauer

Lector 2: Chuck Woods

Euch. Min: Bread – Cathy Sanocki, Shari Pica & Jay McLaughlin

Cup – Ernest Zuccato, Bob Sanocki, Pete & Glenda DuBois

Altar Servers: Team 12

Hospitality: Bev Jardin & Dolores Clark

SUNDAY 10:30 AM

Greeters: Linda Jardin, Greg & Elizabeth Fulton

Lector 1: Michelle Castinado

Lector 2: Jose Cruz-Zamora

Euch. Min: Bread – John Dyer, Catrina Mygrant, Marian Landoline

Cup – Margaret Zuccato, Al Castinado, Phil Karls & Dick Macdonald

Altar Servers: Team 3

Children's Liturgy of the Word:

Hospitality: Sue Mikla & Candace Reed

SUNDAY 12:30 PM

Recividores: Chico & Estela Lopez

Lector 1: Isidro Flores

Lector 2: Guadalupe Flores

Ofrendas: Rafael & Alicia Caballero

Ministros de Eucaristía: Chris & Amada Delgado

Monogillo:

PLEASE NOTE: Ministry Schedules for Jan – Mar have been emailed & mailed. If you did not receive your copy, please contact the office.

Covenant Corner

He is like the pied piper ... a little troupe of guitar players are emerging. For those of you who attended the 4:00 PM Christmas Eve Family mass you were treated to the strums of our young guitarists. Thank you, **Andy Sherman** for so generously giving your time to teach basic guitar to our children.

The **Covenant Corner** is an opportunity for us to recognize those who use their gifts in service for others. We want to give regular thanks to those who do so much for all of us. So we invite you when you see someone doing something worth noting to let us know, by mail or email office@stannechurchbyron.com. Please keep the note 4-5 short sentences (maximum). Then we can get it in the bulletin.

Engagement & Stewardship Corner

A Focus on Talent Themes

INTELLECTION

People strong in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions

St. Anne Leaders with this Theme

Lisa Promani, Kirsten Koehler, Anna Piazza, Angella VenJohn

Quote

“After three days they found him in the temple courts, sitting among the teachers, listening to them and asking them questions. Everyone who heard him was amazed at his understanding and his answers.”

(Luke 2:46-47 29:18)

To learn more about your *unique Talents and Strengths* please come by the office and purchase your very own copy of “*Living Your Strengths*” (comes with the StrengthsFinder Assessment) and meet with one of our very own Strengths Performance Coaches.



Women's Fellowship

Women's Fellowship Happenings:

Friends & Fellowship Crafting:

❖ Wednesdays at Noon in Rm. 2

“Women Only” Crab Feed

❖ Friday, January, 29th

Doors open at 6 PM; Dinner starts at 7PM

Women's Fellowship meets the 2nd Tuesday of each month at 6:30 in Rm2

For membership information contact Anne Doran at adoran712@comcast.net or Peggy Ann Valley at peggy@peggyvalley.com

Women's Fellowship of St. Anne Catholic Church welcomes and strives to serve the needs of all women, offering opportunities to share gifts and talents and encourage and strengthen faith and friendships within our community.

Walk for Life – West Coast 2010

Mark your calendars for Saturday, January 23, 2010. Join upwards of 30,000 pro-lifer's for the 6th Annual Walk for Life in San Francisco as we peacefully proclaim our message that abortion hurts women and we all deserve better than abortion. For more information visit our website at www.walkforlifewc.com. To volunteer or to arrange buses contact us to (415) 586-1576 or email questions to info@walkforlifewc.com.

Upcoming Events at St. Anne

Monday, December 28th

Rosary & Prays for Peace/Garden Area after AM Mass

Friday, January 1, 2010

New Year's Day Morning Mass at 9AM in the Chapel

Saturday, January 2, 2010

CANCELLED - Monthly Labyrinth Walk 10:00AM – Noon in the Life Center Hall

Saturday, January 9, 2010

First Communion Reconciliation Retreat

Friday, January 29, 2010

King Tut Bus Trip

Friday, January 29, 2010

Women's Fellowship Crab Feed/Hall. See below for more info.

Saturday, February 6, 2010

Monthly Labyrinth Walk 10:00AM – Noon in the Life Center Hall

Weekend of March, 5-7, 2010

Lenten Labyrinth Days Retreat – Watch bulletin for more information

Saturday, March 13, 2010

Knight's of Columbus “St. Patrick Day Dinner/Dance”. Watch bulletin for more information

Saturday, March 20, 2010

Piano Fundraiser Recital. Watch bulletin for more information.

If your Ministry has an event coming up that is not listed, please contact the office.

Women's
Ladies Only



Fellowship
Crab Feed

Friday, January 29, 2010

St. Anne Community Life Center Hall, Tickets: \$40.00

Cocktails: 6:00 PM; Dinner: 7:00 PM

Door Prizes, Raffles and lot's of fun

Tickets on sale after masses, in the church office or call Karen Barsanti at 858-9303

**Join Bishop Salvatore J. Cordileone,
Bishop of the Diocese of Oakland**

as He Celebrates a Mass in Honor of 75 Years of Service by Catholic Charities of the East Bay on Sunday, January 10, 2010 @ 10:00 AM at the Christ the Light Cathedral in Oakland, 2121 Harrison St., Oakland, California 94612. Reception to Follow. Thank you for all your support and many blessings. If you have any questions please contact Colleen Miller at 510-768-3115 or email cmiller@cceb.org. For more information you may visit our website www.cceb.org.